

MONDAY

BREAKFAST

Fresh fruit juice
Fresh grapefruit
Choice of Cereals/Porridge
Wholemeal & white toast served with butter,
fruit jam or marmalade
Prunes
Cooked choice
Tea or Coffee

*

LUNCH

Braised steak
Served with seasonal vegetables &
Choice of potatoes or
Freshly prepared tuna salad &
Wholemeal or white bread & butter
Melon boats
Selection of yoghurts

*

EVENING MEAL

Scrambled eggs on wholemeal or white toast or
Beans on wholemeal or white toast
Fruit & blamanche or
Fruit & cream

*

SUPPER

Selection of home made cakes, scones
& Biscuits
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.
Please speak to a member of staff for further details**

TUESDAY

BREAKFAST

Fresh fruit juice
Fresh grapefruit
Choice of Cereals/Porridge
Wholemeal & white toast served with butter,
fruit jam or marmalade
Prunes
Cooked choice
Tea or Coffee

*

LUNCH

Homemade meatballs in tomato sauce or
Pork casserole
Served with seasonal vegetables & choice of potatoes
Homemade-spiced ginger cake served with custard
Or Fruit

*

EVENING MEAL

Homemade tomato soup & roll or
Assortment of freshly prepared sandwiches
Assorted Scones or
Homemade biscuits

*

SUPPER

Selection of home made cakes, scones
& Biscuits
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.
Please speak to a member of staff for further details**

WEDNESDAY

BREAKFAST

Fresh fruit juice
Fresh grapefruit
Choice of Cereals/Porridge
Wholemeal & white toast served with butter,
Fruit jam or marmalade
Prunes
Cooked choice
Tea or Coffee

*

LUNCH

Chicken chasseur or
Served with seasonal vegetables and choice of potatoes
Egg & bacon flan with mixed salad
Fresh fruit salad
Or banana & custard

*

EVENING MEAL

Sausage rolls & spaghetti
Or Spaghetti on white or wholemeal toast
Crème caramel
Ice cream and sauce

*

SUPPER

Selection of home made cakes, scones
& biscuits
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.
Please speak to a member of staff for further details**

THURSDAY

BREAKFAST

Fresh fruit juice
Fresh grapefruit
Choice of Cereals/Porridge
Wholemeal & white toast served with butter,
Fruit jam or marmalade
Prunes
Cooked choice
Tea or Coffee

*

LUNCH

Diced minted lamb
Served with choice of potatoes & seasonal vegetables
Or Prawn salad
Jam & coconut sponge & custard
Fresh Fruit

*

EVENING MEAL

Poached eggs on waffles or
Assortment of freshly prepared sandwiches
Madeline's and cream
Or homemade biscuits

*

SUPPER

Selection of home made cakes, scones
& Biscuits
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.
Please speak to a member of staff for further details**

FRIDAY

BREAKFAST

Fresh fruit juice
Fresh grapefruit
Choice of Cereals/Porridge
Wholemeal & white toast served with butter,
Fruit jam or marmalade
Prunes
Cooked choice
Tea or Coffee

*

LUNCH

Fresh poached cod or deep-fried battered cod
Served with deep-fried chipped potatoes
& Mushy peas
Strawberry flan
Selection of yoghurts

*

EVENING MEAL

Cauliflower cheese or
Selection of open top buns
Manchester tart
Or Malt loaf

*

SUPPER

Selection of home made cakes, scones
& Biscuits
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.
Please speak to a member of staff for further details**

SATURDAY

BREAKFAST

Fresh fruit juice
Fresh grapefruit
Choice of Cereals/Porridge
Wholemeal & white toast served with butter,
Fruit jam or marmalade
Prunes
Cooked choice
Tea or Coffee

*

LUNCH

Mince & onion pie or
Scampi served with
Choice of potatoes & seasonal vegetables
Pineapple upside-down cake & custard
Fresh fruit

*

EVENING MEAL

Cornbeef, hashbrowns and beetroot or
Freshly prepared sandwiches
Fruit pie
Fresh fruit & cream

*

SUPPER

Selection of home made cakes, scones
& Biscuits
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.
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SUNDAY

BREAKFAST

Fresh fruit juice
Fresh grapefruit
Choice of Cereals/Porridge
Wholemeal & white toast served with butter,
Fruit jam or marmalade
Prunes
Cooked choice
Tea or Coffee

*

LUNCH

Roast pork loin
Served with seasonal vegetables,
Roast and creamed potatoes &
Homemade Yorkshire pudding
Homemade crumble & custard
Or Fruit

*

EVENING MEAL

Buffet Tea including a
Selection of freshly prepared sandwiches
Crisps
Variety of filled volovonts
Homemade soup with bread
Fruit Trifle
Assorted homemade cakes

*

SUPPER

Selection of home made cakes, scones & biscuits
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.
Please speak to a member of staff for further details**